



# LUNCH MENU



MARCH, 2020

Student Lunch: \$3.25 includes drink

Grab & Go Lunch: \$3.25

Ala Carte Entree: \$1.50

Bottled Water: \$0.75

Wow Butter Lunch: \$3.25 includes drink

Homemade soups(s) & fresh salad bar offered daily except no soup on Wednesdays. You do not have to buy a lunch to get soup or salad. You can buy just a soup or just a salad if you wish.

LUNCH FOR ALL PRE-SCHOOL CHILDREN INCLUDES:

(A) 1% MILK; (B) MEAT OR MEAT ALTERNATIVE; (C) GRAINS; AND

1. TWO (2) VEGETABLES; OR
  2. ONE (1) FRUIT AND ONE (1) VEGETABLE
- (WG = Whole Grain GF = Gluten Free)

Milk: \$0.55

Soup: \$1.25 Yogurt \$0.75

Large Salad: \$2.00

Small Salad: \$1.00

Extra Side: \$0.75

NOTE: No meat will be served with meals on Friday's during Lent....this includes soups.

| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   |
|---|--|---|--|--|
| 3/2<br>A)Chicken Nuggets (WG)<br>B)Cheese Pizza (WG)<br>Veggie, Fruit, Drink<br><br>SOUP & SALAD BAR                              | 3/3<br>A)Ravioli (No preservatives/no MSG)<br>B)Hot Dog (100% Angus Beef)<br>Green Beans, Dessert, Drink<br>SOUP & SALAD BAR         | 3/4<br><u>MOE'S</u><br>Beef or Chicken Taco, Moe's Rice, Chips, Cheese Cup & Drink<br><br>SALAD BAR                                     | 3/5<br>A)Baked Potato Bar*(GF)<br>B)Corn Dog (WG)<br>Broccoli, Fruit, Drink<br>*Real Bacon & Cheese Cups<br><br>SOUP & SALAD BAR               | 3/6 LENT<br>A)Pasta Alfredo<br>B)Cheese Tortellini (no preservatives/no MSG), Vegetable Medley, Garlic Bread, Drink<br><br>SOUP & SALAD BAR                                  |
| 3/9<br>A)Hamburger (100% Beef)<br>B)Cheeseburger<br>Sweet Potatoes, Fruit, Drink<br><br>SOUP & SALAD BAR<br>DAYLIGHT SAVINGS TIME | 3/10<br>A)Bosco Cheese Stick w/Marinara<br>B)Pepperoni Bread Stick (WG)<br>Corn, Dessert, Drink<br>SOUP & SALAD BAR                  | 3/11<br><u>MAD MUSHROOM</u><br>Cheese Pizza (also offering GF Cheese Pizza) Fruit, Cookie & Drink<br><br>SALAD BAR<br>***SPIRIT DAY**** | 3/12<br>A)Meatball Sub (100% beef on whole wheat bun)<br>B)Chicken Parmesan on whole wheat bun<br>Veggie, Fruit, Drink<br><br>SOUP & SALAD BAR | 3/13 LENT<br><br>Scrambled Eggs, Cinnamon Roll, Hash Brown, Applesauce, Drink<br><br>SOUP & SALAD BAR  |
| 3/16<br>A)Cheese Pizza (WG)<br>B)Calzone (Italian beef, peperoni, WG)<br>Corn, Dessert, Drink<br><br>SOUP & SALAD BAR             | 3/17<br>A)Walking Taco (GF)<br>B)Beef, Bean & Cheese Burrito<br>Rice, Cookie, Drink<br><br>SOUP & SALAD BAR<br><br>ST. PATRICK'S DAY | 3/18 <u>CANE'S</u><br>Chicken Fingers<br>Cane's Sauce<br>Mashed Potatoes, Fruit, Drink<br><br>SALAD BAR                                 | 3/19<br>A)Chicken Pot Pie<br>B)Hot Dog (100% Angus Beef on whole wheat bun), Rice, Fruit, Drink<br>SOUP & SALAD BAR<br><br>SPRING BEGINS !     | 3/20 LENT<br>A)Cheese Tortellini in butter sauce (no preservatives/no MSG)<br>B)Pasta Marinara Bake<br>California Blend Veg, Twisted Garlic Bread, Drink<br>SOUP & SALAD BAR |
| 3/23<br>A)Pancakes & Sausage<br>B)Sausage, Bean, Egg, Cheese Burrito, Apple Crisp, Drink  | 3/24<br>A)Chicken Sandwich on whole wheat bread<br>B)Spicy Chicken Sandwich on whole wheat bun<br>Green Veg, Fruit, Drink            | 3/25 <u>JIMMY JOHN'S</u><br>A)Turkey Sub<br>B)Ham Sub<br>Chips, Cookie, Drink   | 3/26<br>A)Sweet & Sour Chicken (GF)<br>B)Stromboli (WG)<br>Rice, Fortune Cookie, Drink<br>SOUP & SALAD BAR                                     | 3/27 LENT<br>A)Fish (WG batter) & Cheese Sandwich on whole wheat bun<br>B)Toasted Cheese Sandwich on WG bread<br>Potatoes, Cookie, Drink                                     |